



Download Lovebird Feeding Chart PDF

Category	Foods
A	apple, apricots, asparagus
B	banana, beans (chickpeas, kidney, lentils, lima, mung, navy, soy), beet, blueberry, bok choy, broccoli, br
C	cabbage, cantaloupe, carrot, carrot tops, cherries (no pit), coconut, corn, cucumber
D	dandelion leaves, dates
E	endive
F	fig
G	grapes, grapefruit
K	kale, kiwi
M	melons, mango
N	nectarines
O	orange
P	papaya, parsnip, peaches, pear, peas, peppers, pineapple, plum, pomegranate, potato, pumpkin
R	rapini, raspberry, rice (brown), romaine lettuce
S	spinach, sprouted seeds, squash, strawberry, sweet potato
T	tomato
Z	zucchini